

## CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITES

ACADEMIC YEAR : 2021-2022

| SL. NO | DIMENSION                        | ACTIVITY NAME                      | LINK |
|--------|----------------------------------|------------------------------------|------|
| 1.     | LANGUAGE AND COMUNICATION SKILLS | Spoken English Proficiency Course. |      |
| 2.     | LIFE SKILLS                      | Yoga Day Clebration                |      |



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Jogibattala, Barupur, Kol.-145



## CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITIES

ACADEMIC YEAR :2021-22

| SL NO | DIMENSION                        | ACTIVITY NAME   | LINK |
|-------|----------------------------------|---|------|
| 1     | SOFT SKILLS                      | Learning Art of Extempore                                       |      |
| 2     | LANGUAGE AND COMINICATION SKILLS | Learning Arabic Vocabulary Through Interpersonal Communications |      |
| 3     | LIFE SKILLS                      | Shot Put  |      |
| 4     | ICT/COMPUTING SKILLS             | Learning Operations of Cloud Computing                          |      |



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## Al-Ameen Memorial Minority College

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**Jogibattala, Baruipur, Kolkata-700145**

### **Soft Skill Programme : " Learning the Art of Extempore "**

The activity " Learning the Art of Extempore " was organized by Al-Ameen Memorial Minority College from 1<sup>st</sup> December 2021 to 5<sup>th</sup> January 2022. The sessions were held every Saturday between 4:00 PM and 6:00 PM. The activity aimed to enhance the creativity and literary skills of students by engaging them in the art of poetry composition. Participants were guided through various poetic forms and techniques, fostering a deeper appreciation for poetry. The workshop also encouraged students to share their work in a supportive environment, promoting collaboration and critical thinking. Overall, the course was well-received and successfully met its objectives.

The importance of "Learning the Art of Extempore" lies in its ability to enhance quick thinking, confidence and effective communication. It prepares individuals to handle unexpected situations, articulate ideas clearly and adapt to various contexts. This skill is invaluable in public speaking, interviews, presentations and everyday conversations, fostering spontaneity and creativity in expression.



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Students Attendance Sheet

Course- "Learning the Art of Extempore (Soft skill Programme)"

|    | Students Signature  |    | Students Signature |
|----|---------------------|----|--------------------|
| 1  | Reema Mesthi        | 19 | Raji Abrin Jaha    |
| 2  | Amena Khatun        | 20 | Angura Sardar      |
| 3  | Mamuda Khatun       |    |                    |
| 4  | Tanila SK           |    |                    |
| 5  | Adwiz Gazi          |    |                    |
| 6  | Sameena Saekh       |    |                    |
| 7  | Sahena Khatun       |    |                    |
| 8  | Runa Laila Khatun   |    |                    |
| 9  | Mst. Rukaiya Khatun |    |                    |
| 10 | Sumaiya Begum       |    |                    |
| 11 | Hafiza Khatun       |    |                    |
| 12 | Manjula Khatun      |    |                    |
| 13 | Reshma Khatun       |    |                    |
| 14 | Sarmila Khatun      |    |                    |
| 15 | Firoja Khatun       |    |                    |
| 16 | Jesmina Khatun      |    |                    |
| 17 | Ruksa Khatun        |    |                    |
| 18 | Sahinuz Khatun      |    |                    |

  
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" Learning the Art of Extempore "



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## Notice

Date: 25.11.2021

This is to inform all students and staff that 'Learning the Art of Extempore' Activity will be held from 1st December 2021 - 5 th January 2022 every Saturday from 4:00 PM to 6:00 PM. All interested students are encouraged to participate in this enriching activity.

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## 4) Soft Skill Programme: "Learning the Art of Extempore".

Course view:

- Techniques for spontaneous speaking
- Structuring impromptu speeches
- Handling different topics effectively
- Voice modulation and body language in extempore
- Real-time practice and feedback

Objective: Improve the ability to think on one's feet and deliver articulate and confident speeches without preparation.

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## SOFT SKILLS PROGRAMMES ROUTINE

Learning the art of extempore

1<sup>st</sup> Dec 2021– 5<sup>th</sup> Jan 2022

| DAY      | TIME        |
|----------|-------------|
| SATURDAY | 4P.M – 6P.M |



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### Language and Communication Skill Programme:

#### " Learning Arabic Vocabulary Through Interpersonal Communications "

The activity "Learning Arabic Vocabulary Through Interpersonal Communications " was organized by Al-Ameen Memorial Minority College from 15<sup>th</sup> November, 2021 to 16<sup>th</sup>, December 2021. The sessions were held every Saturday and Sunday from 4:00 PM to 6:00 PM. This initiative provided a platform for students to express their creativity through art while honing their drawing skills. Each session was designed to encourage participation, allowing students to explore different themes and techniques. The activity was well-received, fostering a sense of artistic community among the participants.

The importance of "Learning Arabic Vocabulary through Interpersonal Communication" lies in its ability to enhance language acquisition in authentic contexts. Engaging in conversations with native speakers improves vocabulary retention, pronunciation and cultural understanding. This interactive approach fosters confidence, encourages real-time feedback and promotes practical language use, making it an effective method for mastering Arabic.



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**Language and Communication Skills Programmes**  
**'Learning Arabic Vocabulary through Interpersonal Communication'**



  
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## Notice

Date: 09.11.2021

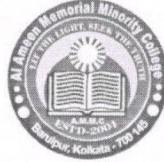
This is to inform all students and staff that "Learning Arabic Vocabulary Through Interpersonal Communications" Activity Will be held from 15th November 2021 - 16th December 2021 every Saturday from 4:00 PM to 6:00 PM. All interested students are encouraged to participate in this enriching activity.

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## 9) Language and Communication Skill Programme: Learning Arabic Vocabulary Through Interpersonal Communication

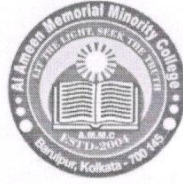
Course View:

- Basic Arabic vocabulary for everyday conversations  
Common phrases and expressions
- Practice in real-life conversational settings
- Vocabulary expansion through contextual learning
- Pair and group interactions in Arabic

Objective: Develop practical Arabic vocabulary through direct interpersonal communication and conversational practice.

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**LANGUAGE AND COMMUNICATION SKILLS PROGRAMMES  
ROUTINE**

**Learning Arabic Vocabulary through interpersonal  
Communications**

15<sup>th</sup> Nov 2021– 16<sup>th</sup> Dec 2021

| DAY      | TIME        |
|----------|-------------|
| SATURDAY | 4P.M – 6P.M |

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### Life Skill Programme: “ Shot Put”

An activity on running, emphasizing health as a life skill, was conducted by Al-Ameen Memorial Minority College from 5<sup>th</sup> December 2022 to 24<sup>th</sup> December 2022. The sessions were held every Saturday from 3PM to 5PM. The program aimed to promote physical fitness and the importance of running for overall health. Participants were trained in various running techniques, breathing exercises, and endurance building, highlighting the long-term benefits of regular exercise. The activity focused on integrating running into daily life to improve cardiovascular health, stamina, and mental well-being. This initiative successfully raised awareness among students about maintaining a healthy lifestyle through consistent physical activity.



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## Notice

Date: 28.11.2022

This is to inform all students and staff that 'Learning the art of throwing short put' Activity Will be held from 5<sup>th</sup> December 2022 to 24<sup>th</sup> December 2022, every Saturday from 3:00 P.M to 5:00 P.M. All interested students are encouraged to participate in this enriching activity.



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## 14) Life Skill Programme: "Shot Put"

Course View:

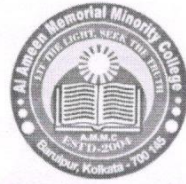
- a) Introduction to the basics of "shot put"
- b) Proper grip, stance, and throwing technique
- c) Strength and conditioning exercises
- d) Safety precautions and injury prevention
- e) Practice drills and performance review

Objective: Train participants in the fundamental techniques of discus throw, emphasizing physical fitness and skill refinement.

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**LIFE SKILLS PROGRAMMES ROUTINE**  
**TEACHING THE ART OF THROWING SHORT PUT**

5<sup>th</sup> Dec 2022– 24<sup>th</sup> Dec 2022

| DAY      | TIME        |
|----------|-------------|
| SATURDAY | 3P.M – 5P.M |





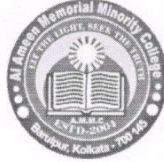
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## **ICT / Computing Skill Programme : “Cloud Computing “**

The activity " Cloud Computing " was organised by Al - Ameen Memorial Minority College from 3<sup>rd</sup> December,2021 to 3<sup>rd</sup> January,2022. The sessions were held every Sunday from 4.00 PM to 6 PM. The importance of "Cloud Computing" lies in its ability to enhance flexibility, scalability and cost-efficiency for businesses and individuals. It enables easy access to data and applications from anywhere, promoting collaboration and remote work. Cloud computing reduces infrastructure costs, improves disaster recovery and allows for seamless updates, making it an essential technology in today's digital landscape.



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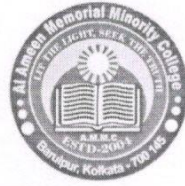
## 17) ICT/Computing Skill Programme: Learning Operations of Cloud Computing

Course View:

- a) Basics of cloud computing .
- b) Introduction to cloud service providers (AWS, Azure, Google Cloud)
- c) Setting up and managing cloud environments
- d) Cloud storage, security, and data management
- e) Real-world applications and case studies

Objective: Provide an understanding of cloud computing fundamentals and practical skills in cloud services management.

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**ICT/COMPUTING SKILLS PROGRAMMES ROUTINE**  
**CLOUD COMPUTING**

3<sup>rd</sup> December 2021-3<sup>rd</sup> January 2022

| DAY    | TIME        |
|--------|-------------|
| SUNDAY | 4P.M – 6P.M |





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## Notice

Date: 28.11.2021

This is to inform all students and staff that 'Cloud Computing' Activity Will be held from 3<sup>rd</sup> December 2021 to 3<sup>rd</sup> January 2022, every Sunday from 4:00 P.M to 6:00 P.M. All interested students are encouraged to participate in this enriching activity.

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