

CAPACITY DEVELOPMENT AND SKILLS ENHANCEMENT ACTIVITES

ACADEMIC YEAR :2019-20

SL NO	DIMENSION	ACTIVITY NAME	LINK
1	SOFT SKILLS	Sit And Draw	
2	LANGUAGE AND COMINICATION SKILLS	Learning English Through Podcast	
3	LIFE SKILLS	High Jump	
4	ICT/COMPUTING SKILLS	Learning Operations of Internet	


Principal
Al-Ameen Memorial Minority College
Jogibattala, Baruiipur, Kol.-145





Al-Ameen Memorial Minority College

(Established under Article 30 of the Constitution of India as a Muslim Minority

Govt. Aided General Degree College, Affiliated to the University of Calcutta

and included Under Section 2(f) and 12B of the UGC Act, 1956.)

Jogibattala, P.O.- Dakshin Gobindapur, P.S.- Baruipur, Dist.-South 24 Parganas, Pin-700145

Phone No.: 033 2437 0111, Email: alameenmemorial@gmail.com, Website: alameenmemorial.org

Notice

Date: 29.11.2019

This is to inform all students and staff that 'Sit and Draw' Activity Will be held from 5th December 2019 to 10th January 2020, every Saturday from 2:00 P.M to 4:00 P.M. All interested students are encouraged to participate in this enriching activity.

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Soft Skill Programme : “Sit and Draw Activity”

The Sit and Draw Activity was organized by Al-Ameen Memorial Minority College from 5th December 2019 to 10th January 2020. The sessions were held every Saturday from 2:00 PM to 4:00 PM. This initiative provided a platform for students to express their creativity through art while honing their drawing skills. Each session was designed to encourage participation, allowing students to explore different themes and techniques. The course was well-received, fostering a sense of artistic community among the participants.



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Students Attendance Sheet

Course- "Sit and Draw Activity" (Soft Skill Programme)

	Students Signature		Students Signature
1	Students Sigi	19.	Tanisa Rashid
2	Jasir mulla		
3	Aliullah Sabhat		
4	Md. Tariful Hossain		
5	Ch. Ekman Ali		
6	Md. Zakaiddin Badi		
7	Sk. Imelabulha		
8	Md. Abbas Sattar		
9	Md. Mojibur Rahman		
10	Aliullah Faruqi		
11	Sk. Alamgir Badsah		
12	Shahab Hussain		
13	Md. Sittan		
14	Mahid Molla		
15	Azharz Molla		
16	Suraj Snake		
17	Rakesh Dewan		
18	Abdul Aziz Laskar		

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2) Soft Skill Programme: "Sit and Draw Activity".

Course View:

a) Understanding competition guidelines and rules.

b) Techniques for quick sketching and drawing

Balancing creativity and time management.

c) Exploring themes and ideas for competitions

Feedback on individual performances and improvement areas.

Objective: Equip participants with skills to effectively express creativity within the time constraints of a drawing competition.



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SOFT SKILLS PROGRAMMES ROUTINE

SIT AND DRAW ACTIVITY

5TH December 2019 – 10th January 2020

DAY	TIME
SATURDAY	2P.M – 4P.M





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Language and Communication Skill Programme : "Learning English Through Podcast"

The activity "Learning English Through Podcast" was organized by Al-Ameen Memorial Minority College from 2nd December, 2019 to 24th, December 2019. The sessions were held every Saturday from 4:00 PM to 6:00 PM. This initiative provided a platform for students to express their creativity through art while honing their drawing skills. Each session was designed to encourage participation, allowing students to explore different themes and techniques. The activity was well-received, fostering a sense of artistic community among the participants.

The importance of "Learning English through listening to podcasts" lies in improving listening skills, pronunciation and vocabulary in real-life contexts. Podcasts expose learners to diverse accents, conversational styles and natural speech patterns. This method fosters language immersion, enhances comprehension and provides flexible, engaging opportunities to practice English anytime, making it an effective learning tool.



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7) Language and Communication Skill Programme: "Learning English Through Podcast

Syllabus":

- a) Introduction to popular English podcasts
- b) Active listening exercises with comprehension questions
- c) Vocabulary building through podcast content
- d) Discussion and analysis of podcast themes
- e) Creating summaries and reflections

Objective: Enhance listening skills and vocabulary acquisition through engaging English podcast content.



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**LANGUAGE AND COMMUNICATION SKILLS PROGRAMMES
ROUTINE**

Learning English through podcast

2nd Dec 2019– 24th Dec 2019

DAY	TIME
SATURDAY	4P.M – 6P.M

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Notice

Date: 22.11.2019

This is to inform all students and staff that 'Learning English Through Podcast' Activity Will be held from 2nd December 2019 - 24 th December 2019 every Saturday from 4:00 PM to 6:00 PM. All interested students are encouraged to participate in this enriching activity.

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Life Skill Programme : “High Jump”

An activity on running, emphasizing health as a life skill, was conducted by Al-Ameen Memorial Minority College from 3rd January, 2020 to January 24th February 2020. The sessions were held every Saturday from 3PM to 5PM. The program aimed to promote physical fitness and the importance of running for overall health. Participants were trained in various running techniques, breathing exercises, and endurance building, highlighting the long-term benefits of regular exercise. The activity focused on integrating running into daily life to improve cardiovascular health, stamina, and mental well-being. This initiative successfully raised awareness among students about maintaining a healthy lifestyle through consistent physical activity.



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12) Life Skill Programme: "High Jump"

Course view:

- Fundamentals of High Jump
- Physical conditioning and endurance training
- Proper warm-up and injury prevention techniques
- Life skills through sports (discipline, focus, resilience)
- Practice sessions and performance assessment

Objective: Foster physical fitness and life skills through mastering basic athletic activities such as high jump.




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LIFE SKILLS PROGRAMMES ROUTINE

HIGH JUMP

3rd January 2020 – 24th February 2020

DAY	TIME
SATURDAY	3P.M – 5P.M



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Notice

Date: 28.12.2017

This is to inform all students and staff that 'High Jump' Activity Will be held from 3rd January 2020 to 24th February 2020, every Saturday from 3:00 P.M to 5:00 P.M. All interested students are encouraged to participate in this enriching activity.



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12) Life Skill Programme: "High Jump"

Course view:

- a) Fundamentals of High Jump
- b) Physical conditioning and endurance training
- c) Proper warm-up and injury prevention techniques
- d) Life skills through sports (discipline, focus, resilience)
- e) Practice sessions and performance assessment

Objective: Foster physical fitness and life skills through mastering basic athletic activities such as high jump.

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ICT / Computing Skill Programme : “Use of Internet “

The activity "Use of Internet " was organised by Al - Ameen Memorial Minority College from 3rd December,2019 to 24th December,2019. The sessions were held every Sunday from 4.00 PM to 6 PM. The importance of the "Use of Internet" lies in its ability to provide instant access to information, facilitating learning and research. It connects people globally, fostering communication and collaboration. The internet also offers diverse platforms for entertainment, e-commerce and social interaction. Moreover, it supports innovation and business growth, making it an essential tool in modern society.



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ICT/COMPUTING SKILLS PROGRAMMES ROUTINE

USE INTERNET

3rd December 2019 – 24th Dec 2019

DAY	TIME
SUNDAY	4P.M – 6P.M


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Notice

Date: 23.11.2018

This is to inform all students and staff that 'Use Internet' Activity Will be held from 3rd December 2019 to 24th December 2019, every Sunday from 4:00 PM to 6:00 PM. All interested students are encouraged to participate in this enriching activity.



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15) ICT/Computing Skill Programme: Learning Operations of Internet

Course View:

- a) History and evolution of the internet
- b) Understanding web browsers and search engines
- c) Internet safety and cybersecurity
- d) Introduction to online resources and services
- e) Creating a positive digital footprint

Objective: Provide a comprehensive understanding of internet use, its resources, and safe navigation practices.

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